Richard D. Hensgen

Motivational Speaker / Professional Natural Bodybuilder

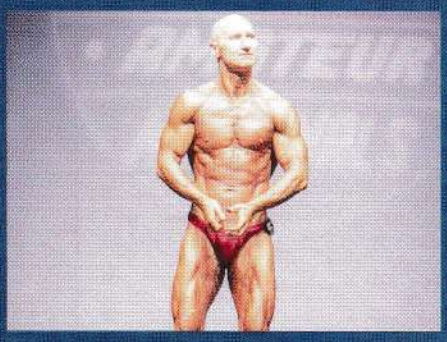
YOU CAN BE A CHAMPION!

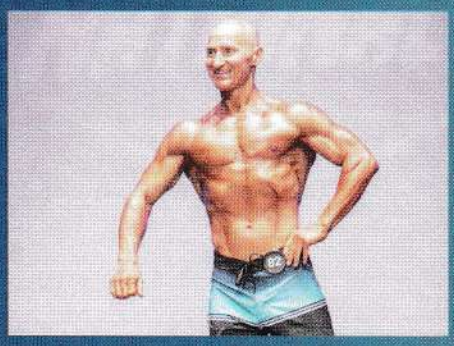
About Richard

Richard is a Professional Natural Bodybuilder. However, the road to get there was not easy. On February 28, 2020, he sustained a traumatic brain injury with paralysis. A couple of months later, he almost succumbed to Toxic Mold Sickness. He lost 50 lbs. and had itchy, bloody eczema over his entire body. He was later diagnosed with a very serious inflammatory Autoimmune Disease. In a 3 1/2 year period, he survived several hundred life-threatening allergic and autoimmune reactions. It took him over a year to overcome his paralysis and learn how to walk properly again. Despite these challenges, he went on to become a four-time Amateur National Champion. He later won his Pro Card and now competes as a professional athlete. He is an inspiration to all!

What You Will Learn

- The three "P's" needed to be a champion
- The Elephant in the Room
- Champions are human too
- Stepping Outside of Your Comfort Zone
- Signature Move
- The Healing Power of Music and Dance





Don't miss this exciting event! You will laugh. You will cry. You will dance. You will sing. This presentation will move people to become champions in life! Book Richard today for this can't miss presentation! Call (608) 219-7849 or email rdhensgen@hotmail.com before all dates are booked!